



St Edward's College

# Dwardu's Scoops

## St Edward's awarded for Student Democracy

*By Samantha Abela*

This year the Silver Medal was awarded to [St Edward's College, Malta](#) for their achievement in the democratic process. Under the auspices of [Aġenzija Żgħażaġh](#), the College was awarded the Silver medal in the Students' Democracy Awards. This annual activity recognises the participation of the students in the democratic process, particularly in School Councils.

The college was praised for the systematic and thorough approach used to implement the election of the Student's Council, in spite of all the difficulties which the Covid restrictions placed on the process. The entrants to the Students' Democracy Awards were judged on preparation and implementation, on how their proposed plan of action was carried out and on the report compiled as a follow-up to the elections. As President of the Students' Council, Ms Inez Montez was asked to explain the process on the day of the awards. Together with Mr Jaime Scerri Richard she received the Silver Medal on behalf of the students of the college.



## The 'failures' who changed our lives

*By Etienne Deguara*

*"The most important thing is then being able to learn from those mistakes, avoid repeating them, and improving upon them next time round."*

In Year 5X, over the course of the first few weeks, we did not simply focus on academic material, but we also discussed the importance of how to tackle the ups and downs we might encounter on our learning journey. One thing we tried to instil within the boys is that it is fine to make mistakes because we are all human after all. The most important thing is then being able to learn from those mistakes, avoid repeating them, and improving upon them next time round.

*Continued on back page*

## Tiny muscle workout

*By Stephanie Grech*



Developing fine muscle movement through play

An integral part of development for children in their early years is the development of motor skills. These have nothing to do with engines but all to do with muscle movement. Not all muscles are the same and not all muscles develop in the same way or at the same rate. Large muscles develop quicker, which is why children learn to walk early on in life. Smaller muscles such as those which govern the use of hands and fingers, develop later and more slowly.

Fine motor skills are the ability to make movements using the small muscles in our hands and wrists. We rely on these skills to do key tasks in school, at work, and in everyday life. These small movements come so naturally to most people that we usually don't think about them. But fine motor skills are complex. They involve a coordinated effort between the brain and muscles.

This is what these seemingly 'playful' moments are achieving for your little ones: the development of fine muscle movement.

## Start 'em young

*By Stephanie Grech*



Good habits die hard, so, as the old adage goes..."start'em young". That is what the teachers of the Early Years have been doing over the past few days, working with the boys to get in gear for healthy living.

Smoothies were the order of the day as was camaraderie and sharing. What better way to learn good habits, than to live them together?

## To err is human

In the previous edition of **Dwardu's Scoops**, we carried a story on government's initiative to give milk vouchers to students and their parents. Milk is considered as very good for human health.

Dr Elizabeth Martinelli, parent and dentist, kindly pointed out that the picture of the milk carton which was carried with the story was one of a milkshake. This sort of product (not necessarily this product per se) normally carries a higher sugar content and should not be encouraged. Dr Martinelli's observation was encouraging: not only is **Dwardu's Scoops** read, but the readers also interact and give feedback. Thank you Dr Martinelli for pointing this out.

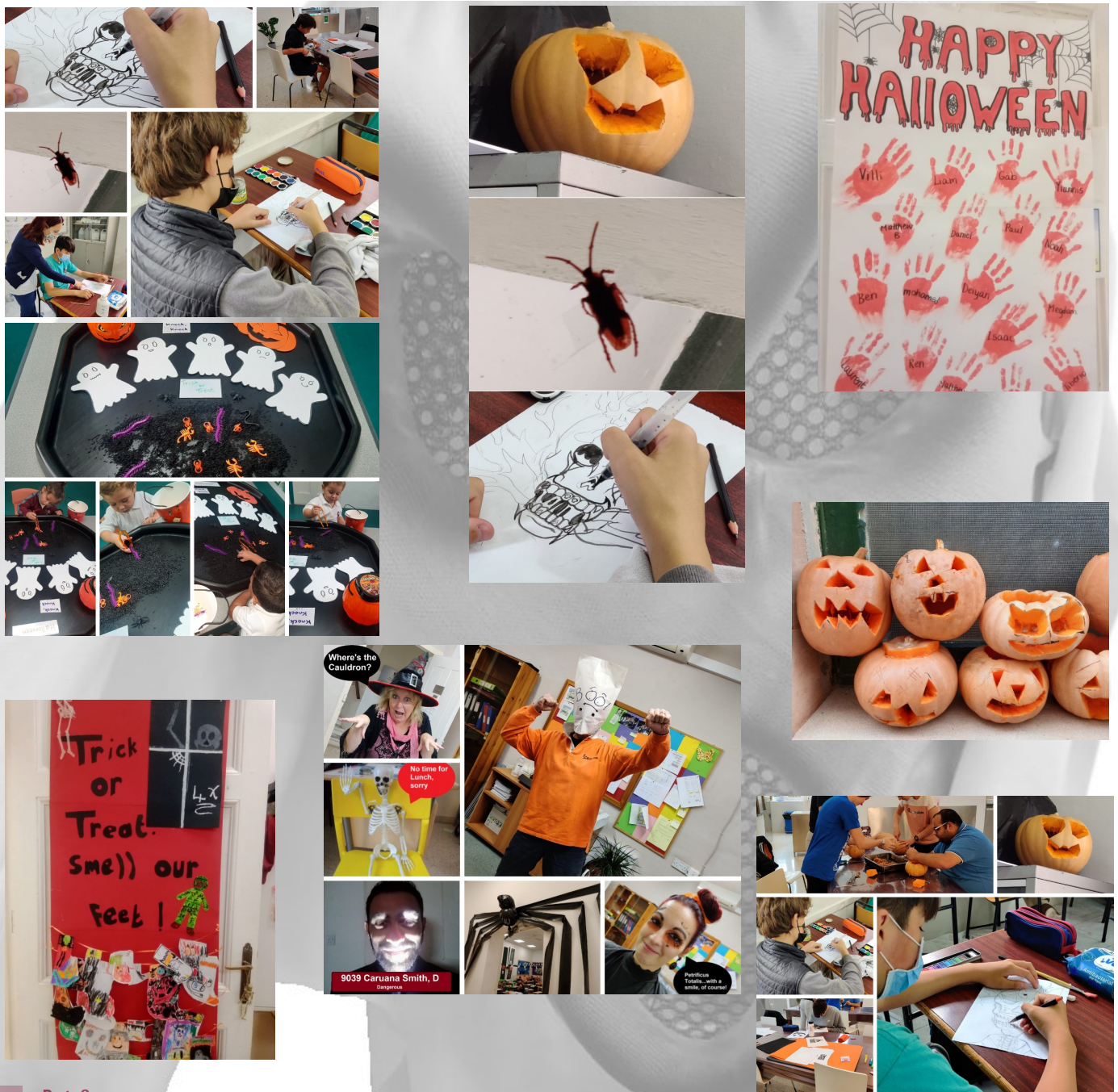


Milk: without additives is the best you can get



# HALLOWEEN

That delicious thrill of a shiver racing down your spine...that spooky feeling that you are being watched...the sheer delight of managing to give someone a fright. All things dark and dreadful were cheerfully and one must say, gleefully, celebrated this Halloween, replete with teenage ghosts, knee-high witches and adaptations of Edvard Munch's 'The Scream' masks. Pictures courtesy of the heads of school sections.



## Feeling the white sail's shaking

By Jonas Micallef

*'Sea Fever' was a poem penned by Poet Laureate John Masefield and young Jonas Micallef is certainly bitten by the boat bug. In writing this piece for Dwardu's Scoops, Jonas Micallef evokes the feelings which Masefield immortalises:*

*"And the wheel's kick and the wind's song and the white sail's shaking"*

This year I was excited to be participating in a sailing regatta (Race) in Portoroz, Slovenia. I was going up with my mother and father. We took a flight from Malta to Trieste and we arrived late in the evening and still had to drive to Portoroz. It seemed a long way and as soon as we got to the apartment, I went straight to bed to get some rest.

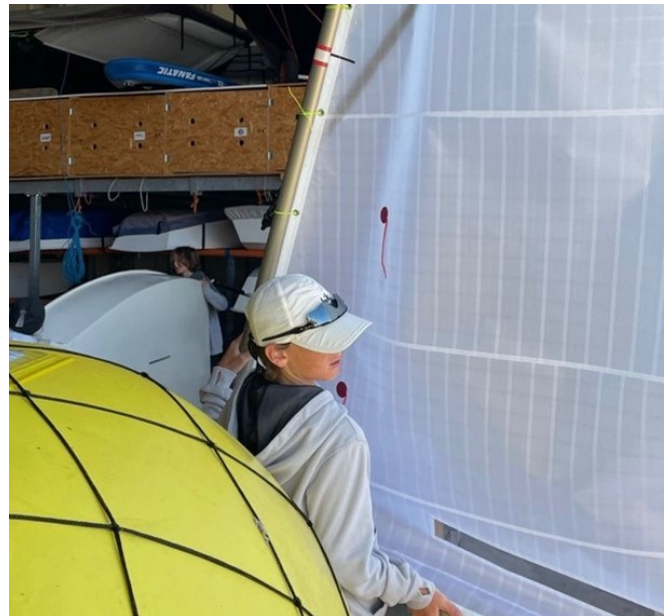
### Prototype sail

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It was on the second day that the regatta began. I was thrilled to go sailing and get to see my coach. After meeting with my coach, I prepared the boat and sail. Since my coach was the owner of a company that made sails, he made a prototype sail for me to test out. I felt special as there were only two sails of this type.

The first race started at 11:00 in the morning. On the first day, I completed three races which were all in light wind, which were the conditions I was good at. I got a second in all three of the races. Me and my coach were pleased, as I was at tie points in first place.

As the second day of racing dawned, I was determined to beat the first place. The wind was strong. I like strong winds as I show just how fast I can go, but I was at a slight disadvantage, as I was lighter than the other sailors. I was waiting to go out sailing when suddenly my parents remembered I needed a Covid test to travel back to Malta.





No	Sailno	Name	Points	1	2	3	4	5	6	7	8	9
1	MLT 5	Jonas Micallef, Male, Junior, MYSC	24	2	2	2	5	5	3	2	(9)	3
2	ITA 9232	Mattia Di Martino, Male, Junior, SV Barcola Grignano	25	4	1	1	1	1	4	11	2	(22)
3	ITA 9203	Menotti Conti, Male, Junior, SV Barcola Grignano	29	1	3	4	(7)	2	2	3	7	7
4	ITA 9432	Marta Benussi, Female, Junior, YC Adriaco	46	(dnc)	14	3	2	3	6	4	10	4
5	CRO 1251	Luka Dokoza, Male, Junior, JK Uskok Zadar	48	7	11	(bfd)	14	4	1	1	5	5
6	ITA 9102	Matteo Mioni, Male, Junior, SV Barcola Grignano	59	8	7	8	(25)	13	5	5	11	2
7	ITA 943	Gabriele Antoniazzi, Male, Junior, YC Adriaco	66	3	16	7	9	9	7	9	6	(19)
8	SVK 541	Oliver Brestovsky, Male, Junior, YC Limar	78	18	(dns)	17	3	7	11	13	3	6
9	CRO 1232	Ana Grubelić, Female, Junior, JK Uskok Zadar	78	13	8	14	4	6	10	14	(15)	9
10	ITA 9343	Bianca Marchesini, Female, Junior, FV Malcesine	84	10	6	15	12	8	14	(16)	8	11

## A sprint to the Covid test

With the help of my coach, we found a testing point, so we sprinted to the car and drove as fast as we could. When we arrived, it only took a few minutes till we were on the road heading back to the club. We got to the club, but there was no one there. I was worried that I wouldn't make it. Quickly, we put my boat onto the coach's motorboat and went full speed to the start. This was fun, and it was a dream come true as I always wanted to do this.

We arrived with only four minutes to the start. I jumped in my boat and went to the start. Even with all this chaos, I finished fifth. In the other three races, I finished fifth, third and second. I felt disappointed with the second race because I felt I could have done better, and my coach could probably agree. Because of this, I dropped to the third place.

## Result!

On the last day, I did not see any chance of coming first. It was a nice medium wind that day and I knew I could do well. In the first race I did not do well, finishing in ninth place. The next race I did well, finishing in third.

After arriving on land and packing my boat, exhausted, I checked the results and to my surprise I came first, beating the sailor in second by one point. I could not believe it. I was overjoyed. To make things better than they already were, during the prize giving there was a lottery, in which I won a €70 voucher for sails.

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*I could not believe it. I was overjoyed.*

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## Plumbing the depths

A unique look at the College Cisterns

*By Chen Ketong*

On Thursday the 27th of October, our year 13 ESS students, together with visiting academic Mr Steven Mallia, visited the four water cisterns situated on college grounds, which are located under the volleyball court, the hall, the junior school and the garden. Mr. Mallia took photos of the cisterns from the inside and gave us a small speech on the importance of preserving these old cisterns to rehabilitate them for future use. The year 13 students helped and observed, then took water samples from each cistern for testing of four different aspects of water properties: electrical conductivity, pH levels, boiling/condensation point, and degree of hardness. We tied a string to the top of a bottle and slowly lowered it into the cisterns. After collecting enough water, we marked and labelled the bottles in case the samples got mixed up.

### Surprise

Surprisingly the cisterns were full of water, due to recent rain. We could observe the rock cut and built part of the cisterns. Students observed that the water smelled funny and that it was full of impurities. Mr Mallia explained that this was grey water, which is water that can be used for irrigation and washing of some objects, such as cars, but cannot be drunk by people.

### Interesting finds

We learned that rainwater from the roof will flow through the pipes on the outer walls of the building to the underground, leading ultimately to the cisterns. The school's ground incline is high in the south and low in the north, thus all rainwater is collected by gravity. Overflow that cannot be contained in cisterns located in the south will flow into other lower-level cistern along the slope of the ground towards the north. From this experience, I deeply understood how important the college's water catchment system is since it stores large amounts of water for future use, and since water is becoming scarcer, it is more important than ever to have access to fresh water.



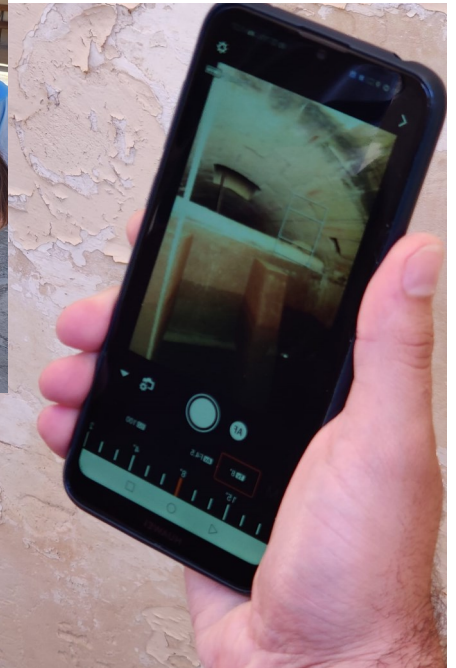
*This Page: a view of a well shaft. Opposite page: (Top) One of the four Cisterns at the college (British period), (Middle) IB students participating in the investigation, (Bottom right) watching on mobile as the camera explores the depths.*



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*We could observe  
the rock cut and  
built part of the  
cisterns*

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## Living out Loud

*By Annette Agius*

Living out loud is an informal education group which challenges young people to reach their full potential. This program is designed to promote the personal and social development. It supports and guides youths through the transitional phases through creative and engaging activities and through the use of effective conversation. Conversation stimulates questions that require deeper interrogation and reflection on our interpersonal skills.



### Build a Pyramid

The young people had to work in pairs to build a pyramid using plastic cups by holding a string each. The teammates practised their effective communication skills by listening each other's opinions and trying out different strategies to make this happen. This activity challenged the young people to understand that in everyday life we might find ourselves stressed and will need to work with each other. The solution that these young people arrived to is to calm down and communicate their struggle with one another to make things easier by helping others understand them



### LIVING OUT LOUD—LOL

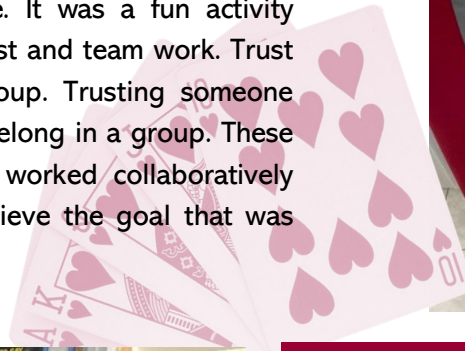
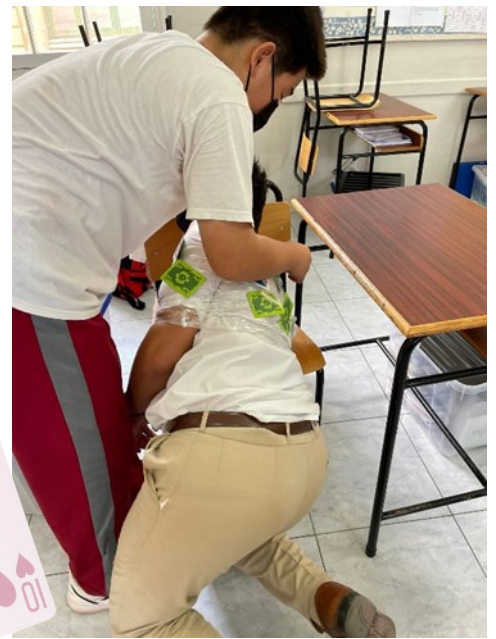
This informal class is aimed at helping young people achieve better tools on how they can live a better life in a world with other people all while taking care of their own wellbeing





### Trust one another

In these photos the students have their eyes closed and tape around their body. The point was to trust their team to guide them to lick up as many playing cards as they could with the sticky tape. It was a fun activity where the students practised trust and team work. Trust is an important aspect in a group. Trusting someone makes us feel comfortable and belong in a group. These youths trusted each other and worked collaboratively together to help their team achieve the goal that was set.

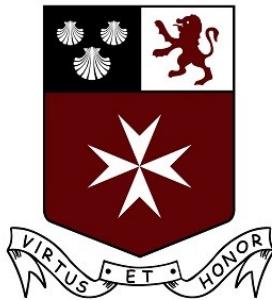


Living out Loud environment is a safe space for young people to express the ideas, opinions and challenges they encounter in their everyday life. **BENEFITS** include:

- Team work
- Collaboration
- Communication skills
- Community awareness (environment awareness)
- Self-esteem
- Assertiveness
- Creativity
- Imagination

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At St Edward's College we strive to create exemplary citizens in this increasingly globalised and technological world, placing strong emphasis on character formation, genuine intercultural understanding and leadership skills which will assist them to contribute to the well-being of society.



At Aġenzija Żgħażaġh, Ines Montez, President of the Student Council and Jamie Scerri Richard, Student member, receive an award for democracy. Story on Page 1.

## Learning from failure

*Continued from Page 1*

In one of the introductory days of school, the boys were shown a poster of famous failures of very successful and famous people who at some point in time in their life, had failed or had been rejected for one reason or another, and an emphasis was put on the fact that these setbacks did not hold these people back from achieving their much-deserved success.

During Dyslexia awareness week, some of the famous people discussed in our first weeks, cropped up in a video that we were watching and eventually, it sparked again a discussion on what obstacles these people had to overcome to manage to get their goal in the end, and it filled the boys with encouragement to never give up in life.

