# Dwardu's Scoops

# **Exercising Gratitude**

By Annette Agius

"It is not joy that makes us grateful; it is gratitude that makes us joyful." This exercise is all about practicing gratitude in a fun and creative way as well as inviting reflection. When we focus on gratitude and shift our mindset to a more positive outlook, we can see an improvement in our self-esteem and overall quality of life. Our students

did this by taking a short walk to Zabbar Park to experience a sense of quiet and a more peaceful environment. We discussed amongst ourselves what makes us grateful. To help our young people reflect, they drew something they feel thankful for. At times we tend to focus on materialistic things and forget our good quali-







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- Introducing Summer Caps for students
- Addressing pollution through direct action
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# Well Done Handball team

The Handball team at St Edward's College played a wonderful series of games and managed to arrive to the semi finals of the U14 Handball tournament. The final scores read as follows:

#### Semi-Finals

St Aloysius- 10 v St Edward's- 5

De La Salle- 3 v St Michael Foundation- 7

#### Final

St Aloysius- 17 v St Michael Foundation- 3

"Ms Brown's creativity is o n ly matched by her at tentio n to detail and her patience."

#### New SMOTM on the block

How to describe Ms. Abigail Brown, our brand-new SMOTM? Creative? Clever? Enterprising? Whatever the adjective, it will have to fall within the parameters of kindness, hard work, ingenuity and an irrepressible joie de vivre. Always up for a good prank, Ms Brown will never let a person roast unduly. Always thinking of the next concert, and the next and the next...Ms Brown's creativity is only matched by her attention to detail and her patience. She knows what it is to marshal dozens of hyper -excited boys into one coherent production. From all of us: Thank you Ms Brown





#### **EDITORIAL**

Change is a marvellous thing. It inspires excitement but also anxiety. It raises hopes and also regrets. It screams future while our feet are rooted in the present. This is what Parents, Teachers and Children are facing at the moment with the new systems of assessment. It is not an easy time. For anyone. Particularly when there are variables which are not in the control of the school or the family.

This time of year is always fraught with apprehensive expectation. For those who study, the uneasy expectation of exam papers. For the less committed, the nervousness of a potential looming catastrophe. When you see these young people struggling, some more than others, one wonders what can be done to help.

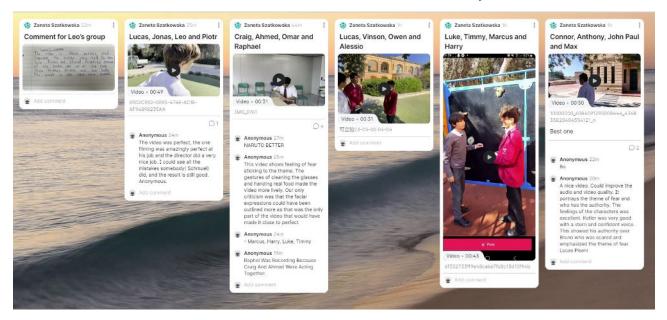
#### Some tips:

- Remember to breathe.
- Eat, sleep and exercise well. ...
- Set realistic goals. ...
- Don't go it alone. ...
- Pace yourself through panic. ...
- Believe in yourself. ...
- If you feel like you are struggling, talk to someone.

Sylvana

## The Boy in the Striped Pyjamas

#### By Zaneta Szatkowska



The English lesson with 9Y students was definitely not an ordinary one. The boys started off with group reading of chapters 15 and 16 of 'The Boy in the Striped Pyjamas'. However, it wasn't just reading the book in class as usual - the boys could enjoy the breezy and lush areas of college premises.

Perched over their books in small groups, they occupied the best spots to make themselves comfortable, as can be seen in the photos. After reading and discussing assigned questions, the second task required a lot of creativity as the boys had to create a video based on a passage assigned by their teacher. It was essential to consider such aspects as body movements, gestures and voice to capture the feelings and behaviour of the characters. Clearly, not only did the boys enjoy the task, but they also showed their thorough understanding of the plot and characters. Well done!



## From Pg 1

ties. We finished with a team building activity, 'Tug of War'.

Our students are the strongest! They communicated together and tried to find the best tactics to win against the other team. Overall, this session guided our young people to understand that whenever we get caught up in the stress of daily life and anxieties, practicing gratitude can remind us to be more present and appreciate the now.







# Sedga in the Junior

By Margaret Bartolo

Bullying, peer pressure and how to handle what grown ups see as the angst of growing up. These were the themes handled by the able Ms Pulis from SEDQA with our boys at Junior School. These



talks have been going aon all year and have been animated through the use of audio-visuals and puppets. In this way, children can confront situation which they may find difficult and also learn vicariously how to deal with difficult situations, behaviours and emotions. Thank you, SEDQA for the great service.

# Reading Bucket List



As the summer months and before them exams draw near, leisure reading may be a luxury not easily afforded. However, these lists of books are so scrumptious that they can be placed on a Summer bucket list for sure. Click here for the full list.

# Money matters—A life lesson for children

By Samantha Abela

Being a Middle School student can pose various challenges. These will help you to grow and discover yourself. It is my aim, as Head of Section, to provide opportunities for our students to become more independent learners and scout what are their true colours. Guiding them, monitoring them and letting them try and even learn from their own mistakes, is a way of letting them pave the way for their future success. Thus, upon receiving news about a 'Financial Capability Quiz', I immediately proposed it to our boys. Nine students from years 7 and 8 opted in and studied and researched about the financial market. This quiz was held at St Nicholas College, Dingli Secondary School wand



was financed by the HSBC Malta Foundation in collaboration with GEMMA. Apart from the quiz, the school also received 2 packs of cards with financial literacy terminology that can be used by our teachers in various subjects. Parents who wish to know more about GEMMA and the cards can do so by accessing the following LINK.



Samuel Schiavone Yr7X

Taking the financial literacy quiz was an interesting experience for me. The quiz gave me a taste of the financial world. It was an experience for me and something I will not forget when I grow up. My team and I won EUR 100 which we gave to the school for needs. It was like a little adventure with a fun team effort. I am also glad that this experience will not only be on my school leaving certificate, but it will also give me guidance on how to manage my money especially when I grow up. A thanks go to Ms Abela for the opportunity she gave me to participate.

The financial literacy quiz was an interesting experience however stressful at the same time. With a few other schools competing for the rewards up for grabs, it was a tough challenge and although we didn't come first place, we still manage to make it to the 3<sup>rd</sup> place and win 100 Euros. Apart from just participating in the quiz, I learned a lot from the presentation they showed us before. I learned about depositing money in a bank account and the risks of carrying around large quantities of cash. Overall, this was a really unique and interesting experience, and I wouldn't mind participating again in a similar event some-



Sean Friggieri Yr7Y



Michael Cremona Yr7X

I really enjoyed the quiz that , I got to participate in with my friends. I also learned about money and how to save it and how to be responsible when using money. It was a new and a good experience for me . I also liked the fact that we went to another school and enjoyed meeting new friends and people , to be part of a Quiz altogether , preparing together and learning new terms.

It was an amazing experience, that I am glad I got to be part of it. I never did something like this before and I'm greatful for the opportunity . I was so excited and nervous before , I didn't know what it was going to be like but I'm so proud of myself that I managed to do it and be there , SO MUCH

FUN!



Zane Fenech Yr7X

On the 28th of April, I had the opportunity to participate in the Financial Literacy Quiz which was held at St.Nicholas College, Dingli. I wanted to take part in this because I wanted to experience my first quiz. This event was hosted by Gemma together with HSBC Bank Malta PLC. As soon as we arrived, we were greeted by a representative of Gemma. This was followed by a presentation which included important information such as the different characteristics of money and the management of the money itself. I was really happy that St Edward's placed with the top three in the quiz but most importantly, we enjoyed it, made new friends, worked as a team and did our very best!

In the outing, I learnt a lot of things. I never regretted going there because I knew I would learn something. It's like a life lesson to me.

I wanted to take part in the Financial Literacy Quiz because:

- I wanted to win a sum of money for the school.
- It will come in handy for future reference.
- It will also count for my school leaving certificate.



Jake Delia Yr7X

What I enjoyed the most in this activity is that we worked as a team, and we sometimes agree or disagree on such different answers. It makes my heart warm up. I enjoy discussing what answer should we pick, and which one makes sense, so that we write it down.

Cont Pg 8

#### A woman who counts



#### By Jean Paul Zerafa

The 12<sup>th</sup> of May is Women in Mathematics Day. Why this date? Maryam Mirzakhani, the first woman to have been honoured mathematics' highest prize, that is, the Fields Medal, was born on this day in 1977. Unfortunately, in 2017, three years after receiving this prize, she died due to breast cancer. This year, the Mathematics Department at St. Edward's College joined the international community to celebrate Maryam's life, her achievements, and to celebrate women in mathematical sciences. A screening of

the documentary Secrets of the Surface: The Mathematical Vision of Maryam Mirzakhani was held in

the chapel. As you can see from the interactive map at <a href="https://may12.womeninmaths.org/">https://may12.womeninmaths.org/</a>, we were one of only two institutions on the Maltese islands to have celebrated this.

Every year, the May12 initiative shares some interesting documentary so that it helps with the organisation of events and discussions around the world. This year, a 30-minute documentary about the mathematician Olga Ladyzhenskaya has been distributed. Watch out for next year!





# From Pg 7

From this experience I learnt such skills like knowing how to manage my money and to invest in it

wisely. These skills, for example, will help me when in school I am doing Business Studies and I will know these things beforehand.

To summarize everything, overall, I think this experience was good for me because it is an add-on for my later studies in future years. Thank you for giving me this opportunity to strengthen my brain!



# Summer Camps loading...

With the hot Summer months round the corner, here at SEC, we are thinking up opportunities for our students to be engaged in interesting activities in a fun and dynamic way. That is why, Ms Abela and Ms Agius have teamed up together to bring about 'Summer Camps' for our students who are currently in Year 4



all the way up to the Year 11s. With experience in the field of extra-curricular activities, summer school, trips abroad and youth worth; the power duo have concocted programmes that will excite our boys in an enjoyable, safe way.

#### What is a Summer Camp?

A Summer Camp is similar to a live-in experience but during the summer months and with no lessons in the morning! The camps are all about meeting up with your school friends, catching up on your summer adventures, spend time at school and have loads of fun together.

#### How will the Summer Camps work?

They will be based on 3 full days, a grand total of 60 hours worth of fun. Some camps will be age restricted and others will be open for boys from Year 7-11. The price will include supervision, food, lodging, transport, activities and any other resources needed.

## What will the students do during these camps?

These camps will provide the students with team-building opportunities as well as outings, workshops, exploration, practicing self-help skills (such as cooking) etc...

# How can we learn more about these camps and apply?

Stay tuned, because an announcement will be sent to the different year groups with all the information and details about each camp. You will be able to apply through a form and direct payment to the school. Places will be limited and on a first come first served basis.

#### Why should our students join the Summer Camps?

They are a unique way for students to grow and discover themselves whilst also acquiring various new skills. Through structured learning opportunities, the students will be able to create fond memories to last them a lifetime!



# Removing pollution

#### By Brandon Gerada

However much we speak out against littering, this will always be with us. Whether because we are surrounded by people who could not care less or, on the other hand we are all prone to accidental littering, removing pollution will always be a priority. Over the past few days, the boys in Year 5 took action in removing pollution, mainly plastic from our school grounds and environment.

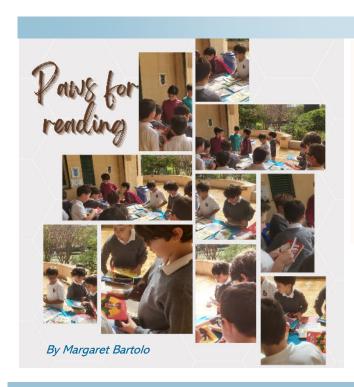
Students from the Year 5 classes firstly discussed the importance of keeping our environment clean and the repercussions that plastic has on the environment. The school grounds are our second home hence it is our duty to keep them clean both for us and for the animals that live within the ecosystem.

It is the duty of every student to learn how to reduce, reuse and recycle plastics as these take thousands of years to degrade. The Year 5 organized a clean up of the bastions and during break collected 4 bagfuls of trash and plastic. This was then recycled.











Crafting for Mum

By Ian Stilon

Children remembered their mothers' contributions with little gifts: the Year 3, Year 5s and Year 7s all worked on crafts to the best of their abilities.

# On Safari

By Carmen Abela

Age is just a number... and experience, and with a 10 year gap, Master Isaac Brimmer Cassar from Year 8X lent his expertise last Wednesday, to our College's



youngest pupils – The Nursery Y. Earlier in the scholastic year, Isaac

shared with our readers his Summer Safari adventures in Uganda. An excellent storyteller, an enthusiast at heart and a risk taker, Isaac very gladly accepted the next challenge in his life- that of sharing his wild adventure through a power point full of photos to re-

count his journey on a Safari. The pupils were in awe when they saw the photos of the real animals. They were more enthralled when Isaac started telling them that he had seen real huge snakes that could swallow a whole human, or that giraffes really have super thin legs and a massive body! The children loved the photos of the Zebra the most. The Nursery students will soon embark on a 'school-based safari' in our grounds equipped with binoculars and hats which they fashioned themselves during their craft activities, yet having Isaac in class was fascinating to these children who realized that 'dreams can come true' and that one day they can also see such beautiful creatures in the wild just like Isaac had seen. They were attentive and asked the expert a number of questions too as he piqued their interest. On behalf of all the Nursery Y children (who were gifted jungle themed biscuits too for the occasion!) and the teachers, we wish to thank Isaac for his time and dedication.

# **Junior School Sports Day**

By Louise Mallia

























































# Success at farming activities

Following the recent attendance by Mr Gerada on TVM, Ms Sharon Scerri from the Ministry for Agriculture, Fisheries and Animal Rights @Agrikoltura visited College. She was shown around by some members of our Eco Gardening club and Mr Gerada who described the #letstalkfarming activities in which the boys are in-

the <u>#letstalkfarming</u> activities in which the boys are involved.

She expressed how lucky the boys were to have such amazing grounds to participate in these activities and complimented them on their good manners. "It was a



lovely day and the students, smart, disciplined, welcoming and enthusiastic, made it even brighter. Heartfelt thanks goes to the College Head Master for his support and his appreciation, all educators for their commitment and dedication, and the last but not least, the appointed LTF coordinator, Mr. Brandon Gerada. Together in #letstalkfarming" wrote Ms Scerri in a comment on Facebook.

#### St Edward's College

Founded in 1929, St Edward's College is an all-boys college for both day and boarding students. Boarding is offered between the ages of 11 to 18. At nursery and kindergarten as well as at post-secondary level, the college is coeducational. As a private educational college, St Edwards offers excellent teaching facilities, high teacher-pupil ratio, a very wide range of sports facilities and scrupulous personal attention to the students.

At St Edward's College, students receive a well—rounded education ending up in the IB Diploma. Most of the students go on to study at world class universities. Our top students are leaders in society ranging from Science and Business to traditional professions and the arts. Most Edwardians retain a love and appreciation of sports throughout their lives.

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